



INTRODUCTION

Every effort is made by El Mexicana and its colleagues to meet EU Allergen requirements and fully support our customer's information needs.

The allergen data we provide is based on recipe information and supplier specifications. However, within our kitchens we do use ingredients containing the following major allergens:

· Gluten

· Eggs · Soybean

· Fish · Milk

Nuts

· Celery

· Mustard

· Sulphur Dioxide

From time to time may use other ingredients that have:

· Crustaceans

· Peanuts

· Sesame Seed

·Lupin

· Molluscs

It is impossible for us to fully guarantee the separation of these items in storage, preparation or cooking, however, we make every effort to do so.

Gluten ingredients which are deep-fried will use the same fryers in our kitchens as dishes not containing these ingredients and whilst there may be minimal risk of cross-contamination we cannot totally guarantee the absence of wheat or gluten, which may, therefore, affect extremely sensitive sufferers.

Please ask your restaurant host to confirm any items you are concerned about.

GUIDANCE ON USING THE ALLERGEN DATA:

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Indicates that an allergen is present in the ingredient.



Indicates that NO allergen is used in the preparation of this product.





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BASES							THIS	DISH CONT	AINS					
DISH	Cereals containing gluten	Crustaceans	Eggs	Fish	Peanuts	Soy beans	Milk	Nuts	Sesame Seeds	Celery	Mustard	Lupin	Molluscs	Sulphur dioxide (>10mg/1 or 10mg/kg)
Burrito	•													
Naked Burrito														
Loaded Nachos	•					•								
Quesadillas	•													
Loaded Fries	•					•								
Chilli Bowl														
Tortilla Chips	•					•								
FILLINGS							THIS	DISH CONT	AINS					
DISH	Cereals containing gluten	Crustaceans	Eggs	Fish	Peanuts	Soy beans	Milk	Nuts	Sesame Seeds	Celery	Mustard	Lupin	Molluscs	Sulphur dioxide (>10mg/1 or 10mg/kg)
Black Turtle Beans														
Mexican Rice										•				
Mexican Beans														•
MAIN FILLINGS	;						THIS	DISH CONT	AINS					
DISH	Cereals containing gluten	Crustaceans	Eggs	Fish	Peanuts	Soy beans	Milk	Nuts	Sesame Seeds	Celery	Mustard	Lupin	Molluscs	Sulphur dioxide (>10mg/1 or 10mg/kg)
Beef Chili														
Chargrilled Chicken	•					•								
Chicken Tinga														
Pulled Pork (Carnitas)														
Guacamole														
Vegetarian Chili														
TOPPINGS							THIS	DISH CONT	AINS					
DISH	Cereals containing gluten	Crustaceans	Eggs	Fish	Peanuts	Soy beans	Milk	Nuts	Sesame Seeds	Celery	Mustard	Lupin	Molluscs	Sulphur dioxide (>10mg/1 or 10mg/kg)
Slaw														•
Chorizo							•							
Guacamole														
Picco De Galo														
Jalapeño peppers														•
Grated Cheese							•							
Nacho Cheese Sauce							•							
Mexican Pickles														•
Pink Pickled Onions														•
Coriander														
Sour Cream							•							



SAUCES							THIS	DISH CONT	TAINS					
DISH	Cereals containing gluten	Crustaceans	Eggs	Fish	Peanuts	Soy beans	Milk	Nuts	Sesame Seeds	Celery	Mustard	Lupin	Molluscs	Sulphur dioxide (>10mg/1 or 10mg/kg)
Sour Cream							•							
Garlic mayo							•							
Vegan Ghost Pepper Mayo														•
Tomatillo														•
Chilli BBQ														
Mango Scorpion														
Mild Smokey BBQ	•					•				•				•
SHARERS							THIS	DISH CONT	TAINS					
DISH	Cereals containing gluten	Crustaceans	Eggs	Fish	Peanuts	Soy beans	Milk	Nuts	Sesame Seeds	Celery	Mustard	Lupin	Molluscs	Sulphur dioxide (>10mg/1 or 10mg/kg)
Churros Sharer	•					•	•							
SIDES							THIS	DISH CONT	ΓΔΙΝ					
DISH	Cereals containing	Crustaceans	Eggs	Fish	Peanuts	Soy beans	Milk	Nuts	Sesame Seeds	Celery	Mustard	Lupin	Molluscs	Sulphur dioxide (>10mg/1 or 10mg/kg)
	gluten													
Mex Wings	•					•	•			•				
Mexican Fries	•					•								
Dirty Fries	•					•	•							•
Simple Nachos	•					•	•							•
Onion Rings	•					•								
Sweet Potato Fries	•					•								
Tortilla Chips	•					•								
Halloumi Fries	•					•	•							
CHURROS							THIS	DISH CONT	TAINS					
DISH	Cereals containing gluten	Crustaceans	Eggs	Fish	Peanuts	Soy beans	Milk	Nuts	Sesame Seeds	Celery	Mustard	Lupin	Molluscs	Sulphur dioxide (>10mg/ or 10mg/kg)
Mex Churros (with chocolate)	•					•	•	•						
Mex Churros (with Caramel)	•					•	•							
MILK							THIS	DISH CONT	TAINS					
DISH	Cereals containing gluten	Crustaceans	Eggs	Fish	Peanuts	Soy beans	Milk	Nuts	Sesame Seeds	Celery	Mustard	Lupin	Molluscs	Sulphur dioxide (>10mg/ or 10mg/kg)
Semi-skimmed							•							
Oat														
Almond								•						
Soya						•								
Coconut														
SLUSHIES						THIS DIS	CONTAINS							SUITABLE FOR

No Allergen is known to be present in preparing this product. However, Slush ice drinks can contain the ingredient **glycerol** as a substitute for sugar, at a level required to create the 'slush' effect. At this level, we recommend that **children four years of age and under should not consume these drinks**, due to their potential to cause side-effects such as headaches and sickness, particularly when consumed in excess."

FULL ALLERGEN CHART

BACEC							TUIS	DICH CONT	AINIC					
BASES							llilb	DISH CONT	AINS					
DISH	Cereals containing gluten	Crustaceans	Eggs	Fish	Peanuts	Soy beans	Milk	Nuts	Sesame Seeds	Celery	Mustard	Lupin	Molluscs	Sulphur dioxide (>10mg/1 or 10mg/kg)
Burrito	•													
Naked Burrito Loaded Nachos	•					•								
Quesadillas	•					•								
Loaded Fries	•					•								
Chilli Bowl						_								
Tortilla Chips	•					•								
FILLINGS							THIS	DISH CONT	AINS					
DISH	Cereals containing gluten	Crustaceans	Eggs	Fish	Peanuts	Soy beans	Milk	Nuts	Sesame Seeds	Celery	Mustard	Lupin	Molluscs	Sulphur dioxide (>10mg/1 or 10mg/kg)
Black Turtle Beans	giuten													
Mexican Rice										•				
Mexican Beans														•
MAIN FILLINGS	Cereals						THIS	DISH CONT						
DISH	containing gluten	Crustaceans	Eggs	Fish	Peanuts	Soy beans	Milk	Nuts	Sesame Seeds	Celery	Mustard	Lupin	Molluscs	Sulphur dioxide (>10mg/1 or 10mg/kg)
Beef Chili Chargrilled Chicken	•					•								
Chargrilled Chicken Chicken Tinga														
Pulled Pork (Carnitas)														
Guacamole														
Vegetarian Chili								DIO:	AWG					
TOPPINGS							THIS	DISH CONT	AINS					
DISH	Cereals containing gluten	Crustaceans	Eggs	Fish	Peanuts	Soy beans	Milk	Nuts	Sesame Seeds	Celery	Mustard	Lupin	Molluscs	Sulphur dioxide (>10mg/1 or 10mg/kg)
Slaw														•
Chorizo Guacamole							•							
Picco De Galo														
Jalapeño peppers														•
Grated Cheese							•							
Nacho Cheese Sauce							•							
Mexican Pickles Pink Pickled Onions														•
Coriander														•
Sour Cream							•							
SAUCES							THIS	DISH CONT	AINS					
D/211	Cereals													
DISH	containing	Crustaceans	Eggs	Fish	Peanuts	Soy beans	Milk	Nuts	Sesame Seeds	Celery	Mustard	Lupin	Molluscs	Sulphur dioxide (>10mg/1 or 10mg/kg)
		Crustaceans	Eggs	Fish	Peanuts	Soy beans		Nuts		Celery	Mustard	Lupin	Molluscs	
Sour Cream Garlic mayo	containing	Crustaceans	Eggs	Fish	Peanuts	Soy beans	Milk	Nuts		Celery	Mustard	Lupin	Molluscs	
Sour Cream Garlic mayo Vegan Ghost Pepper Mayo	containing gluten	Crustaceans	Eggs	Fish	Peanuts	Soy beans	•	Nuts		Celery	Mustard	Lupin	Molluscs	
Sour Cream Garlic mayo Vegan Ghost Pepper Mayo Tomatillo	containing gluten	Crustaceans	Eggs	Fish	Peanuts	Soy beans	•	Nuts		Celery	Mustard	Lupin	Molluscs	or 10mg/kg)
Sour Cream Garlic mayo Vegan Ghost Pepper Mayo Tomatillo Chilli BBQ	containing gluten	Crustaceans	Eggs	Fish	Peanuts	Soy beans	•	Nuts		Celery	Mustard	Lupin	Molluscs	or 10mg/kg)
Sour Cream Garlic mayo Vegan Ghost Pepper Mayo Tomatillo	containing gluten	Crustaceans	Eggs	Fish	Peanuts	Soy beans	•	Nuts		Celery	Mustard	Lupin	Molluscs	or 10mg/kg)
Sour Cream Garlic mayo Vegan Ghost Pepper Mayo Tomatillo Chilli BBQ Mango Scorpion Mild Smokey BBQ	containing gluten	Crustaceans	Eggs	Fish	Peanuts		•		Seeds		Mustard	Lupin	Molluscs	or 10mg/kg)
Sour Cream Garlic mayo Vegan Ghost Pepper Mayo Tomatillo Chilli BBQ Mango Scorpion	containing gluten	Crustaceans	Eggs	Fish	Peanuts		•	Nuts DISH CONT	Seeds AINS Sesame		Mustard	Lupin	Molluscs	or 10mg/kg) Sulphur dioxide (>10mg/1
Sour Cream Garlic mayo Vegan Ghost Pepper Mayo Tomatillo Chilli BBQ Mango Scorpion Mild Smokey BBQ SHARERS	containing gluten • Cereals containing gluten					• Soy beans	THIS	DISH CONT	Seeds	•				or 10mg/kg)
Sour Cream Garlic mayo Vegan Ghost Pepper Mayo Tomatillo Chilli BBQ Mango Scorpion Mild Smokey BBQ SHARERS DISH Churros Sharer	containing gluten Cereals containing					•	THIS	DISH CONT	Seeds FAINS Sesame Seeds	•				or 10mg/kg) Sulphur dioxide (>10mg/1
Sour Cream Garlic mayo Vegan Ghost Pepper Mayo Tomatillo Chilli BBQ Mango Scorpion Mild Smokey BBQ SHARERS	containing gluten • Cereals containing gluten					• Soy beans	THIS	DISH CONT	Seeds FAINS Sesame Seeds	•				or 10mg/kg) Sulphur dioxide (>10mg/1
Sour Cream Garlic mayo Vegan Ghost Pepper Mayo Tomatillo Chilli BBQ Mango Scorpion Mild Smokey BBQ SHARERS DISH Churros Sharer	containing gluten • Cereals containing gluten					• Soy beans	THIS	DISH CONT	Seeds FAINS Sesame Seeds	•				or 10mg/kg) Sulphur dioxide (>10mg/1
Sour Cream Garlic mayo Vegan Ghost Pepper Mayo Tomatillo Chilli BBQ Mango Scorpion Mild Smokey BBQ SHARERS DISH Churros Sharer SIDES DISH Mex Wings	Cereals containing gluten Cereals containing gluten Cereals containing gluten	Crustaceans	Eggs	Fish	Peanuts	Soy beans Soy beans	THIS	DISH CONT	AINS Sesame Seeds AINS Sesame Seeds	Celery	Mustard	Lupin	Molluscs	or 10mg/kg) • • Sulphur dioxide (>10mg/1 or 10mg/kg) Sulphur dioxide (>10mg/1
Sour Cream Garlic mayo Vegan Ghost Pepper Mayo Tomatillo Chilli BBQ Mango Scorpion Mild Smokey BBQ SHARERS DISH Churros Sharer SIDES DISH Mex Wings Mexican Fries	Cereals containing gluten Cereals containing gluten Cereals containing gluten	Crustaceans	Eggs	Fish	Peanuts	Soy beans Soy beans	THIS Milk Milk Milk	DISH CONT	AINS Sesame Seeds AINS Sesame Seeds	Celery	Mustard	Lupin	Molluscs	or 10mg/kg) Sulphur dioxide (>10mg/1 or 10mg/kg) Sulphur dioxide (>10mg/1 or 10mg/kg)
Sour Cream Garlic mayo Vegan Ghost Pepper Mayo Tomatillo Chilli BBQ Mango Scorpion Mild Smokey BBQ SHARERS DISH Churros Sharer SIDES DISH Mex Wings Mexican Fries Dirty Fries	Cereals containing gluten Cereals containing gluten Cereals containing gluten	Crustaceans	Eggs	Fish	Peanuts	Soy beans Soy beans	THIS Milk THIS	DISH CONT	AINS Sesame Seeds AINS Sesame Seeds	Celery	Mustard	Lupin	Molluscs	or 10mg/kg) • • Sulphur dioxide (>10mg/1 or 10mg/kg) Sulphur dioxide (>10mg/1
Sour Cream Garlic mayo Vegan Ghost Pepper Mayo Tomatillo Chilli BBQ Mango Scorpion Mild Smokey BBQ SHARERS DISH Churros Sharer SIDES DISH Mex Wings Mexican Fries	Cereals containing gluten Cereals containing gluten Cereals containing gluten Cereals containing gluten	Crustaceans	Eggs	Fish	Peanuts	Soy beans Soy beans	THIS Milk Milk Milk	DISH CONT	AINS Sesame Seeds AINS Sesame Seeds	Celery	Mustard	Lupin	Molluscs	or 10mg/kg) Sulphur dioxide (>10mg/1 or 10mg/kg) Sulphur dioxide (>10mg/1 or 10mg/kg)
Sour Cream Garlic mayo Vegan Ghost Pepper Mayo Tomatillo Chilli BBQ Mango Scorpion Mild Smokey BBQ SHARERS DISH Churros Sharer SIDES DISH Mex Wings Mexican Fries Dirty Fries Simple Nachos Onion Rings Sweet Potato Fries	Cereals containing gluten Cereals containing gluten Cereals containing gluten Cereals containing gluten	Crustaceans	Eggs	Fish	Peanuts	Soy beans Soy beans	THIS Milk Milk Milk	DISH CONT	AINS Sesame Seeds AINS Sesame Seeds	Celery	Mustard	Lupin	Molluscs	or 10mg/kg) Sulphur dioxide (>10mg/1 or 10mg/kg) Sulphur dioxide (>10mg/1 or 10mg/kg)
Sour Cream Garlic mayo Vegan Ghost Pepper Mayo Tomatillo Chilli BBQ Mango Scorpion Mild Smokey BBQ SHARERS DISH Churros Sharer SIDES DISH Mex Wings Mexican Fries Dirty Fries Simple Nachos Onion Rings Sweet Potato Fries Tortilla Chips	Cereals containing gluten Output Output	Crustaceans	Eggs	Fish	Peanuts	Soy beans Soy beans	THIS Milk Milk Milk	DISH CONT	AINS Sesame Seeds AINS Sesame Seeds	Celery	Mustard	Lupin	Molluscs	or 10mg/kg) Sulphur dioxide (>10mg/1 or 10mg/kg) Sulphur dioxide (>10mg/1 or 10mg/kg)
Sour Cream Garlic mayo Vegan Ghost Pepper Mayo Tomatillo Chilli BBQ Mango Scorpion Mild Smokey BBQ SHARERS DISH Churros Sharer SIDES DISH Mex Wings Mexican Fries Dirty Fries Simple Nachos Onion Rings Sweet Potato Fries Tortilla Chips Halloumi Fries	Cereals containing gluten Cereals containing gluten Cereals containing gluten Cereals containing gluten	Crustaceans	Eggs	Fish	Peanuts	Soy beans Soy beans	THIS Milk Milk Milk	DISH CONT Nuts DISH CONT	AINS Sesame Seeds AINS Sesame Seeds	Celery	Mustard	Lupin	Molluscs	or 10mg/kg) Sulphur dioxide (>10mg/1 or 10mg/kg) Sulphur dioxide (>10mg/1 or 10mg/kg)
Sour Cream Garlic mayo Vegan Ghost Pepper Mayo Tomatillo Chilli BBQ Mango Scorpion Mild Smokey BBQ SHARERS DISH Churros Sharer SIDES DISH Mex Wings Mexican Fries Dirty Fries Simple Nachos Onion Rings Sweet Potato Fries Tortilla Chips	Cereals containing gluten Output Output	Crustaceans	Eggs	Fish	Peanuts	Soy beans Soy beans	THIS Milk Milk Milk	DISH CONT	AINS Sesame Seeds AINS Sesame Seeds	Celery	Mustard	Lupin	Molluscs	or 10mg/kg) Sulphur dioxide (>10mg/1 or 10mg/kg) Sulphur dioxide (>10mg/1 or 10mg/kg)
Sour Cream Garlic mayo Vegan Ghost Pepper Mayo Tomatillo Chilli BBQ Mango Scorpion Mild Smokey BBQ SHARERS DISH Churros Sharer SIDES DISH Mex Wings Mexican Fries Dirty Fries Simple Nachos Onion Rings Sweet Potato Fries Tortilla Chips Halloumi Fries CHURROS DISH	Cereals containing gluten Output Output	Crustaceans	Eggs	Fish	Peanuts	Soy beans Soy beans	THIS Milk Milk Milk	DISH CONT Nuts DISH CONT	AINS Sesame Seeds AINS Sesame Seeds	Celery	Mustard	Lupin	Molluscs	or 10mg/kg) Sulphur dioxide (>10mg/1 or 10mg/kg) Sulphur dioxide (>10mg/1 or 10mg/kg)
Sour Cream Garlic mayo Vegan Ghost Pepper Mayo Tomatillo Chilli BBQ Mango Scorpion Mild Smokey BBQ SHARERS DISH Churros Sharer SIDES DISH Mex Wings Mexican Fries Dirty Fries Simple Nachos Onion Rings Sweet Potato Fries Tortilla Chips Halloumi Fries CHURROS DISH Mex Churros (with	containing gluten Cereals containing gluten	Crustaceans	Eggs	Fish	Peanuts	Soy beans Soy beans Output Output	THIS Milk THIS Milk THIS	DISH CONT Nuts DISH CONT	AINS Sesame Seeds AINS Sesame Seeds AINS Sesame Seeds	Celery	Mustard	Lupin	Molluscs	or 10mg/kg) Sulphur dioxide (>10mg/1 or 10mg/kg) Sulphur dioxide (>10mg/1 or 10mg/kg) Sulphur dioxide (>10mg/1 or 10mg/kg)
Sour Cream Garlic mayo Vegan Ghost Pepper Mayo Tomatillo Chilli BBQ Mango Scorpion Mild Smokey BBQ SHARERS DISH Churros Sharer SIDES DISH Mex Wings Mexican Fries Dirty Fries Simple Nachos Onion Rings Sweet Potato Fries Tortilla Chips Halloumi Fries CHURROS DISH Mex Churros (with chocolate) Mex Churros (with	containing gluten Cereals containing gluten	Crustaceans	Eggs	Fish	Peanuts	Soy beans Soy beans Soy beans Soy beans	THIS Milk THIS Milk THIS Milk THIS	DISH CONT Nuts DISH CONT Nuts	AINS Sesame Seeds AINS Sesame Seeds AINS Sesame Seeds	Celery	Mustard	Lupin	Molluscs	or 10mg/kg) Sulphur dioxide (>10mg/1 or 10mg/kg) Sulphur dioxide (>10mg/1 or 10mg/kg) Sulphur dioxide (>10mg/1 or 10mg/kg)
Sour Cream Garlic mayo Vegan Ghost Pepper Mayo Tomatillo Chilli BBQ Mango Scorpion Mild Smokey BBQ SHARERS DISH Churros Sharer SIDES DISH Mex Wings Mexican Fries Dirty Fries Simple Nachos Onion Rings Sweet Potato Fries Tortilla Chips Halloumi Fries CHURROS DISH Mex Churros (with chocolate) Mex Churros (with Caramel)	Cereals containing gluten	Crustaceans	Eggs	Fish	Peanuts	Soy beans Soy beans Soy beans Soy beans	THIS Milk THIS Milk THIS Milk THIS	DISH CONT Nuts DISH CONT Nuts	AINS Sesame Seeds AINS Sesame Seeds AINS Sesame Seeds	Celery	Mustard	Lupin	Molluscs	or 10mg/kg) Sulphur dioxide (>10mg/1 or 10mg/kg) Sulphur dioxide (>10mg/1 or 10mg/kg) Sulphur dioxide (>10mg/1 or 10mg/kg)
Sour Cream Garlic mayo Vegan Ghost Pepper Mayo Tomatillo Chilli BBQ Mango Scorpion Mild Smokey BBQ SHARERS DISH Churros Sharer SIDES DISH Mex Wings Mexican Fries Dirty Fries Simple Nachos Onion Rings Sweet Potato Fries Tortilla Chips Halloumi Fries CHURROS DISH Mex Churros (with chocolate) Mex Churros (with Caramel) MILK	Cereals containing gluten	Crustaceans	Eggs	Fish	Peanuts	Soy beans Soy beans Soy beans Soy beans	THIS Milk THIS Milk THIS Milk THIS THIS	DISH CONT Nuts DISH CONT Nuts DISH CONT	AINS Sesame Seeds AINS Sesame Seeds AINS Sesame Seeds	Celery	Mustard	Lupin	Molluscs	or 10mg/kg) Sulphur dioxide (>10mg/1 or 10mg/kg)
Sour Cream Garlic mayo Vegan Ghost Pepper Mayo Tomatillo Chilli BBQ Mango Scorpion Mild Smokey BBQ SHARERS DISH Churros Sharer SIDES DISH Mex Wings Mexican Fries Dirty Fries Simple Nachos Onion Rings Sweet Potato Fries Tortilla Chips Halloumi Fries CHURROS DISH Mex Churros (with chocolate) Mex Churros (with Caramel)	Cereals containing gluten	Crustaceans	Eggs	Fish	Peanuts	Soy beans Soy beans Soy beans Soy beans	THIS Milk THIS Milk THIS Milk THIS	DISH CONT Nuts DISH CONT Nuts	AINS Sesame Seeds AINS Sesame Seeds AINS AINS AINS AINS	Celery	Mustard	Lupin	Molluscs	or 10mg/kg) Outphur dioxide (>10mg/1 or 10mg/kg) Sulphur dioxide (>10mg/1 or 10mg/kg) Outphur dioxide (>10mg/1 or 10mg/kg)
Sour Cream Garlic mayo Vegan Ghost Pepper Mayo Tomatillo Chilli BBQ Mango Scorpion Mild Smokey BBQ SHARERS DISH Churros Sharer SIDES DISH Mex Wings Mexican Fries Dirty Fries Simple Nachos Onion Rings Sweet Potato Fries Tortilla Chips Halloumi Fries CHURROS DISH Mex Churros (with chocolate) Mex Churros (with Caramel) MILK DISH Semi-skimmed Oat	Cereals containing gluten	Crustaceans Crustaceans Crustaceans	Eggs	Fish Fish	Peanuts Peanuts Peanuts	Soy beans Soy beans Soy beans Soy beans Soy beans	THIS Milk THIS Milk THIS Milk THIS Milk Milk	DISH CONT Nuts DISH CONT Nuts DISH CONT Nuts	AINS Sesame Seeds AINS Sesame Seeds AINS Sesame Seeds	Celery Celery Celery	Mustard Mustard Mustard	Lupin	Molluscs Molluscs Molluscs	or 10mg/kg) Sulphur dioxide (>10mg/1 or 10mg/kg)

No Allergen is known to be present in preparing this product. However, Slush ice drinks can contain the ingredient **glycerol** as a substitute for sugar, at a level required to create the 'slush' effect. At this level, we recommend that **children four years of age and under should not consume these drinks**, due to their potential to cause side-effects such as headaches and sickness, particularly when consumed in excess."

Soya Coconut SLUSHIE